

ADDISON COUNTY RESOURCE GUIDE

VERMONT 2-1-1

For everyday needs and difficult questions, 2-1-1 is your connection to thousands of resources across Vermont. Information about childcare referrals, food shelf locations, smoking cessation and more can be accessed by dial 2-1-1 any time, day or night. This service is toll-free, confidential and there is language translation available.

DOMESTIC & SEXUAL VIOLENCE SERVICES

WomenSafe (Addison County) toll free hotline: 1-800-388-4205

Services provided: legal advocacy, child advocacy, 24-hour hotline, supervised visitation, support groups, safe homes, information and referral, community advocacy and education. All confidential.

Women Helping Battered Women (Chittenden County) 1-800-ABUSE95

Services provided: legal advocacy, support groups, safe homes, referrals, play groups, advocacy. Confidential.

CHILDCARE/PARENTING RESOURCES

Addison County Parent Child Center: 1-802-388-3171

Services provided: teen pregnancy prevention, parent support and education, child care, housing services, play groups, home visits, referrals, children's integrated programs, professional support, GED acquisition.

CSAC: 802-388-6751

Services provided: Parenting classes, family counseling, therapeutic parenting classes and referrals.

TRANSPORTATION

ACTR BUS: 802-388-1946, <http://actr-vt.org/>

Services provided: Bus transportation throughout Addison County, with links to Burlington, Rutland and Amtrak.

Dial-A-Ride: 802-388-1946

Services provided: Rides for specialized populations including elders, persons with disabilities, low-income families and individuals, as well as the visually impaired. If your Mentee is eligible for Medicaid, Reach Up, aged 60+ or has a disability, he/she may be eligible for FREE transportation.

<p>Small City Taxi: (802) 877-3395, 135 S Maple St, Vergennes, VT 05491 Service provided: Taxi services throughout county and beyond.</p>
<p>Car Seat Safety: 1-888-TOT-SEAT Services provided: Car seat inspection and installation clinics. Free car seats available to low-income families.</p>
<p>Bike Recycle Vermont: 802-264-9687 664 Riverside Ave. Burlington Services provided: Recycled, fully functional bikes with helmets and lights for \$25 available to eligible individuals. Tuesday - Friday from 1PM - 5PM</p>
<p>John Graham Shelter: 802-877-2677, 69 Main Street Vergennes, VT Services provided: A limited number of \$10 gas vouchers are available to folks in need. One gas voucher per family per calendar year. For emergencies only.</p>

<p>FOOD ASSISTANCE</p>
<p>John Graham Shelter: 802-877-2677, 69 Main Street Vergennes, VT Services provided: Food Shelf open 9-5, 7 days per week. Food stamp application referral and assistance with forms.</p>
<p>HOPE: 802-388-3608, 282 Boardman Street, Middlebury Services provided: Emergency food shelf and Gleaning Program (free fresh produce from local farms) open M-F. Limited to 2 visits per month. Food stamp referral also available.</p>
<p>Vergennes Congregational Church: 802-877-2435, 30 Water Street, Vergennes Services provided. Bi-monthly food shelf on Thursdays.</p>
<p>CVOEO: 802-388-2285, 700 Exchange Street, Suite 107 Middlebury, VT Services provided: Food Shelf M-F 8am-4pm except holidays. Three Squares application, Reach Up application. General Assistance funds. Emergency housing.</p>
<p>WIC Program: 802-388-4644 Services provided: Delivery of nutritious food to pregnant women and families with small children who meet the income guidelines. Call for application/appointment.</p>
<p>Middlebury Foods: 802) 349-6543. To order go online to: www.middleburyfoods.com. or phone in an order by calling: (802) 349-6543. Monthly delivery sites in: Middlebury, Vergennes and North Ferrisburgh. Anyone may use this service. They do accept food stamps.</p>

<p>MEDICAL/DENTAL ASSISTANCE</p>
<p>Open Door Clinic: 802-388-0137 for an appointment. Services provided: treatment for illness and injury, X-ray & diagnostic testing, check-ups, referrals, immunizations, physical therapy and more for UNINSURED VT residents. Middlebury hours: 100 Porter Drive Tuesday and/or Thursday evenings,</p>

6:00 pm to 9:00 pm. Vergennes Clinic: 0 North St (Little City Family Practice)
 Every other Thursday evening, 6:00 pm to 9:00 pm. \$5 suggested donation.

Planned Parenthood: 802-388-2765, 102 Court Street, Middlebury
 Services provided: Family planning, annual exams, wellness exams, STD and pregnancy testing, emergency contraceptives. Sliding scale available for uninsured. Please call ahead to find out what paperwork is needed for sliding scale.

Red Clover Dentistry: (802) 453-3911 61 PINE ST
 Bristol VT 05443-1043. They have a sliding scale for low income patients.

MENTAL HEALTH COUNSELING

Counseling Service of Addison County (CSAC): 802-388-6751 for services, 802-388-7641 for emergencies (24 hours)
 Services provided: comprehensive agency serving adults, families and children who may have a diversity of needs, including emotional problems, family issues, substance abuse, serious mental illness, and developmental disabilities. Trained mental health professionals. Counseling, meetings and referrals. 24-hour emergency support.

CLOTHING ASSISTANCE

Saint Peter's Closet: 802-877.2367, 85 South Maple St., Vergennes
 Services provided: Used clothing at reasonable prices. The Closet is open on Fridays 10:00-4:00 and Saturdays, 10:00-2:00. Clothing vouchers available.

HOPE/RetroWorks: 802-388-3608 282 Boardman Street, Middlebury
 Services provided: Fully operational resale shop featuring books, household items, clothing, shoes and more. \$25 clothing vouchers available.

Neat Repeats: 802-388-4488 , 3 Bakery Lane, Middlebury
 Services provided: Resale clothing shop for men and women.

JuneBug: 802-388-1055, 5 Park Street, Middlebury
 Services provided: Used baby and kid apparel and accessories. Affordable, used maternity clothes.

Your Turn Resale: 802-877-3915, 151Main Street ,Vergennes
 Services provided: Used clothing, household items, sports equipment.

FURNITURE/HOUSEHOLD APPLIANCES

HOPE/RetroWorks: 802-388-3608 282 Boardman Street, Middlebury
 Services provided: Used household items, including furniture, kitchenware and appliances.

Recycle North/ReSource: 802-658-4143, 266 Pine Street, Burlington, VT
 Services provided: Used household items, including furniture, kitchenware and

appliances.

Sweet Charity: 802.877.6200, 141A Main Street, Vergennes

Services provided: Philanthropic organization selling used furniture, decorative items and the like.

RENTAL /UTILITY ASSISTANCE & REFERRALS

John Graham Shelter: 802-877-2677, 69 Main Street Vergennes, VT

Services provided: Referrals, application for assistance, support for application.

HOPE: 802-388-3608 282 Boardman Street, Middlebury

Services provided: Referrals, application support (if Mentee is a client of JGS, start there)

CVOEO: 802-388-2285, 700 Exchange Street, Suite 107 Middlebury, VT

Services provided: Project WARMTH (low income heating), fuel assistance, general application support for Reach-up/Medicaid/food stamps and fuel. Emergency housing and GA.

SUPPORT GROUPS

Alcoholics Anonymous: 802-860-8382 (information/support line)

Services provided: Group meetings for sobriety support at the following locations:

VERGENNES:

Vergennes Congregational Church, Tuesdays, 7pm

Saint Paul's Rectory Sun. 7pm, Fri 8pm

MIDDLEBURY:

Women's Group at Community Cottage, Wed. 5:30pm, Sat. NOON

Saint Stephen's Episcopal Church Thurs. 7:30pm

BRISTOL:

Bristol Federated Church Fri. 6pm

North Ferrisburgh

North Ferrisburgh UMC, 227 Old Hollow Road 6pm Sunday nights

Turning Point of Addison County: 802-388-4249

Services provided: a recovery center for people and families who are concerned with issues pertaining to the recovery from the abuse of alcohol, drugs, and other addictive behaviors. Meetings, counseling and referrals available.

Narcotics Anonymous: 802-862-4516 (information/support line)

Services provided: Group meetings for sobriety support.

Middlebury Community Cottage Fri. 7:30pm

EMPLOYMENT SERVICES

Department of Labor, Middlebury Office: 802-388-4921, 1590 Route 7, Middlebury
Services provided: Unemployment, job searches, resume help, job board, general support.

VocRehab: 802-388-4666, 282 Boardman Street, Middlebury

Services provided: Adult learning. GED acquisition, free, flexible services to any Vermonter or employer dealing with a disability that affect employment. We partner with human service providers and employers across Vermont to help people with disabilities realize their full potential.

LEGAL ISSUES

Legal Aid: 1-800-889-2047, 264 North Winooski Avenue, Burlington

Services provided: free civil legal services to Vermonters who are low-income, elderly and those with disabilities.

SMOKING CESSATION PROGRAMS

Vermont Quit Network: 1-800-QUIT-NOW

Phone or in-person support for quitting smoking. May also provide free patches, gum and other nicotine replacement therapies as available.

LIBRARIES

Services provided: book and video borrowing, children's story hour, internet access, book groups and discussions, free events.

Middlebury:

Willsley Public Library: 802-388-4095, 75 Main Street Middlebury

M 10-6, T 10-8, W 10-6, Th 10-8, F 10-6, Sat 10-4, Sun 1-4

Middlebury College Library (Davis): 802-443-5494, 110 Storrs Avenue, Middlebury

M-Th 7:30am-1am, F 7:30am-11pm, Sat-Sun 9am-11pm (subject to change)

New Haven:

New Haven Community Library: 802-453-4015, 50 North Street New Haven

T. 10-5, W 1-8, Th 1-8, Sat. 10-1

Bristol:

Lawrence Memorial Library: 802-453-2366, 40 North Street, Bristol

M 10-5, T 10-8, W 1-5, Th 10-8, F 1-5, Sat 9-1

Vergennes:

Bixby Public Library: 802-877-2211, 258 Main Street, Vergennes

M 12:30-8, T 12:30-5, W 10-5, Th 10-5, F 12:30-5, Sat 10-2